



MARCH

2026

Safety Calendar





March 2026: National Ladder Safety

CHUBB®

Climb the ladder of success, but do it safely!

Ladder-related incidents in the U.S. result in more than 500,000 emergency room visits and around 300 deaths each year.¹ Frequent causes of these accidents include improper ladder setup, climbing while carrying objects, and falls from heights. Ladder safety is essential across all industries. Falls from ladders account for 20% of all workplace fall injuries, highlighting the need for proper safety training and equipment.²

Be prepared by following these safety tips:

 General Ladder Safety Practices	 Ladder Use Guidelines	 Ladder Training	 Ladder Maintenance
<ul style="list-style-type: none">• Select the Right Ladder Always use the appropriate ladder for the job.• Inspect Your Ladder Before Use Regularly inspect ladders for defects such as cracks, loose rungs or damaged feet.• Use Ladders on Stable Ground Position the ladder on stable, level surface.• Ensure Proper Setup Set up ladders at a proper angle.• Maintain Three Points of Contact Always keep three points of contact with the ladders.	<ul style="list-style-type: none">• Don't Overreach Keep your body centered on the ladder.• Use a Ladder for its Intended Purpose Don't use a ladder as a scaffold.• Avoid Carrying Tools or Materials Use a tool belt or hoist to carry tools up a ladder.• Climb Slowly and Carefully Take your time when climbing or descending the ladders.• Secure the Base Tie off the ladder at the top and bottom to prevent movement.	<ul style="list-style-type: none">• Formal Training Types of ladders, proper use and maintenance.• Hands-On Incorporate practical, hands-on demonstrations during training.• Importance of Inspections How to properly inspect ladders for damage or defects before use.• Proper Set Up Correct methods for positioning and stabilization.• Climbing Techniques Maintaining three points of contact, facing the ladder and overreaching.	<ul style="list-style-type: none">• Regular Inspections Conduct routine inspections to identify wear, damage or defects.• Clean After Use Remove dirt, great or other material that could impact stability and increase slips.• Storage Ladders should be stored in a dry, protected area from the elements. Storing in an upright and secured position.• Repairs Any damaged ladders should be taken out of service immediately and replace or professionally repaired.• Labels Use labels to indicate the maximum load capacity and inspection date(s).

March 2026: National Ladder Safety

Climb the ladder of success, but do it safely!

CHUBB®

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Correct methods for positioning and stabilization.	2 Conduct routine inspections to identify wear, damage or defects.	3 Always use the appropriate ladder for the job.	4 Regularly inspect ladders for defects such as cracks, loose rungs or damaged feet.	5 Use labels to indicate the maximum load capacity and inspection date(s).	6 Position the ladder on stable, level surface.	7 Set up ladders at a proper angle.
8 Daylight Savings Time Begins	9 Maintaining three points of contact, facing the ladder and overreaching.	10 Keep your body centered on the ladder.	11 Don't use a ladder as a scaffold.	12 Use a tool belt or hoist to carry tools up a ladder.	13 Take your time when climbing or descending the ladders.	14 Tie off the ladder at the top and bottom to prevent movement.
15 Always keep three points of contact with the ladders.	16 Position the ladder on stable, level surface.	17 St. Patrick's Day	18 Formal Training—Types of ladders, proper use and maintenance.	19 Incorporate practical, hands-on demonstrations during training.	20 How to properly inspect ladders for damage or defects before use.	21 Correct methods for positioning and stabilization.
22 Maintaining three points of contact, facing the ladder and overreaching.	23 Take your time when climbing or descending the ladders.	24 Conduct routine inspections to identify wear, damage or defects.	25 Remove dirt, great or other material that could impact stability and increase slips.	26 Ladders should be stored in a dry, protected area from the elements. Storing in an upright and secured position.	27 Any damaged ladders should be taken out of service immediately and replace or professionally repaired.	28 Use labels to indicate the maximum load capacity and inspection date(s).
29 Set up ladders at a proper angle.	30 Regularly inspect ladders for defects such as cracks, loose rungs or damaged feet.	31 Don't use a ladder as a scaffold.				

Prepare and Prevent with Chubb

Our in-house network of nearly 500 risk consultants around the globe can help businesses anticipate and minimize costly exposures, ensuring resilience for the years to come.

Access Resources

The online Risk Consulting Library offers hundreds of risk management best practices and resources to help mitigate and minimize a company's risk. The library is available to participating business clients as well as appointed agents and brokers. This global library contains technical briefs, guides, checklists, training sessions, and more.

➤ Slips & Falls: Out in the Open

Explore Training

➤ Chubb's Risk Engineering Center

The Chubb Risk Engineering Center (CREC) offers hands-on training in fire protection, boiler controls and employee safety. Earn contact hours, certifications or license renewals through on-site or virtual courses.

➤ Chubb's Risk Management Training Course Schedule

Training courses are offered virtually and in person at the CREC – 35 Columbia Road, Branchburg, New Jersey, 08876. Register and pre-pay 1 week prior to the course date to receive pricing discounts for individuals and groups.



CHUBB®