

Rising Medical Inflation in Asia Pacific

35% of insurers expect medical cost will continue to rise in the next 3 years. Cancer, cardiovascular and musculoskeletal illnesses will remain the top three medical conditions over the next 5 years.¹

Medical Inflation Rates

6.8%
in 2018

7.1%
in 2020



Malaysia
12.6%



Vietnam
12.1%



Indonesia
11%



China
9.8%



Singapore
9.3%



Thailand
9.2%



Hong Kong SAR
8.3%



Philippines
8.2%



Taiwan
6.3%



New Zealand
6%



South Korea
4%



Australia
3.2%



4 Factors Driving up the Costs

1 Overuse of care by medical practitioners recommending too many services.²



2 Sedentary lifestyle contributing to chronic diseases.³



3 Increasing investment in new medical technology to treat non-communicable diseases.⁴



4 Mental health emerging as one of the top three causes for claims.⁵



Top Concern of Employers

52%

of respondents in a global report listed employee health and well-being as the Number 3 global benefits strategy objective.⁶



Leading Medical Conditions in APAC⁷



Cardiovascular

Cancer/
Tumor Growth

Musculoskeletal/
Back

ENT/
Lung Disorder/
Respiratory

Gastrointestinal

Leading Risk Factors in APAC



High Blood
Pressure

Physical
Inactivity

Bad
Nutrition

Obesity

Ageing

NOTES

1/2/4 - Willis Towers Watson, 2020 Global Medical Trends Survey Report. 3/5 - Mercer Marsh Benefits Medical Trends Survey 2019.

6 - Global Employee Benefits Watch Report 2018/2019 by Thomson Online Benefits. 7 - Aon Global Medical Trends Report 2020.